



TEXAS A&M UNIVERSITY  
Thornton-McFerrin  
Coaching Academy

This form can be used to document attendance to events and workshops associated with the Undergraduate Coaching Certificate Program. The information reported on this form will be verified against event attendance records captured at the time of the event so be sure that you sign in at each event you attend. Once this form is completed, login to your account (<https://tmcacertificateprogram.org/>) and submit this completed form for the applicable event or workshop.

## Event Attendance Form

Name: Nanci Escobar

Event Name: SCA Workshop: Interview Prep

Event Date: March 09, 2023

Location: GGB 202

Speaker/Moderator: Nick Rex

Rate the event on a scale of 1 (worst) to 5 (best), to indicate how beneficial you thought this event was for you?

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### Event Summary

*At a minimum, be sure to include the following as part of your event summary:*

- 1. Description of the subject that was covered during the event AND how you participated;*
  - 2. Description of what YOU learned from attending the presentation or workshop;*
  - 3. Explain how YOU could apply the topic in your coaching career;*
  - 4. Description of how to make the event/workshop better.*
- 1. The subject that was covered during the event was athlete mental health, I participated by paying attention and taking notes. Also, before the meeting all those in attendance gave feedback on how to make SCA events better, and I participated by giving comments and making suggestions.**
  - 2. What I learned from attending the presentation/ workshop is that you need to be aware of things going on in the athlete's personal life, but be careful that they don't use that as leverage to get away with stuff all the time. For some things you need to be understanding of how the athlete's personal issues is affecting them, but to some extent not let it always be an excuse. You also need to build a relationship with your athletes in order to get to know them. Make you sure you tell them you might need be mandated to report depending on what they disclose to you.**
  - 3. I could apply this topic in my coaching career by making sure I look out for signs of trouble that may be affecting the athlete. Also, I need to make sure not to judge so easily if an athlete is acting out or is off, instead talk to them to see what is going on that is causing them to act/feel like that. I need to present myself as approachable so that my athletes would want to talk to me, so that then I could help them or guide them to someone who can help them.**
  - 4. The event could be better if there wasn't another event going on at the same time elsewhere. I think we may have had low attendance due to others being at the CPR training. Maybe not having events overlap?**